

STANDISH COMMUNITY HIGH SCHOOL BULLETIN FOR STUDENTS, PARENTS AND CARERS



THE STANDARD

1st May 2026

contactus@standishchs.wigan.sch.uk



HARRY POTTER
WORLD

LUKE'S
KARATE SUCCESS

GEORGE SIGNS
PRO

Message from Mrs Barker, Headteacher



Welcome to the seventh edition of The Standish Standard this calendar year!

This week, we get to celebrate our Year 11 student, George, who has signed scholarship forms for Wigan Athletic (page 3). It's an important milestone – and hopefully just another step on the journey as he pursues his dreams. Well done, George – we're all very proud of you!

And speaking of being proud, we were all delighted to hear the news about Luke, Year 8, who achieved a bronze medal in the SSKA Open National Kata Championships (page 4). What a talented and dedicated young man!

In other sporting news, we'd like to share the success of several amazing teams starring Standish students - Charlotte D and Lily W, currently in Year 11, and ex-students Lydia and Mia, all helped Golborne Girls AFC to secure the Women's U18 championship (page 5); Standish students represented Standish Panthers when they had their fantastic opportunity to play at Gigg Lane football stadium in Bury (page 6); and in Rugby Union, we had several girls taking part in the Lancashire Plate competition (page 7). Well done to Bolton Amazons for their success!

Elsewhere in the school, we have news of the recent Year 7 Harry Potter World trip (page 9), the Stockport County Careers visit (page 12) and the results from the Jodrell Bank photography competition (page 14). We also have news at the conclusion of the seven-week 'Bringing communities together project' run at the My Life centre (page 16).

And if that weren't enough, I'd like to publicly welcome Ms Bennett, our new Librarian, who has contributed some exciting news about Mindfulness May in the LRC this coming month. Turn to page 17 for all the details!

I wish you all a safe and restful bank holiday weekend!

A handwritten signature in black ink, which appears to be 'Mrs Barker'.

Mrs Barker,
Headteacher

George Signs Early Professional Contract with Wigan Athletic

We are delighted to share some fantastic news from over the Easter break, as our Year 11 student George S celebrated his official scholarship signing day with Wigan Athletic, marking a major milestone in his football journey.

In an extraordinary achievement, George has been offered a one-year professional football contract two years early, a rare accomplishment that highlights both his talent and his dedication to the sport. We are immensely proud of everything he has achieved so far.

George's journey with Wigan Athletic began when he joined the club at just seven years old. He was offered his first academy contract at the age of eight, followed by his scholarship contract at only fourteen, again two years ahead of the usual schedule. Now, he has reached another remarkable milestone with the offer of his first professional contract, which will begin once he completes his scholarship.

This progression reflects years of hard work, commitment and passion and it is wonderful to see George's efforts recognised at such a high level. He continues to be a fantastic ambassador for our school, demonstrating determination, dedication and hard work.

We are thrilled to share some photos from his special day and look forward to following his journey as he takes this exciting next step in his football career.





Year 8 Student Shines at National Karate Championships



We are incredibly proud to celebrate the achievements of Luke B in Year 8, a dedicated member of the EKA Karate Academy since the age of five. Luke recently competed in the SSKA Open National Kata Championships in Warrington, where he delivered an outstanding performance.

Competing against talented athletes from across the country, Luke secured a bronze medal in his age category and achieved above-average scores in each of his chosen kata events. He is as a Junior 1st Dan (black belt): a level that reflects years of discipline, focus and commitment.

Luke is known not only for his hard work and determination, but also for the positive attitude he brings to every training session. He is always willing to support other members of the club, demonstrating maturity and leadership beyond his years.

His self-discipline, resilience and dedication are a true reflection of our school ethos and he continues to be a fantastic role model within our school community.

Well done, Luke! We are all so proud of you at Standish Community High School.

Golborne Girls Shine as League Champions

A huge congratulations to Charlotte D and Lily W (Year 11), along with our former students Lydia E and Mia K, who play for the Golborne Girls U17s Diamonds football team. The squad has been crowned champions of the Greater Manchester Women's U18s Conference League, an incredible achievement!

This season marks the very first time Golborne Girls AFC has entered a team in this age group, making their success even more impressive. The players have shown outstanding commitment, teamwork and determination throughout the campaign.

Well done, girls. Your school and your families are extremely proud of everything you've accomplished.



Standish Panthers 'Supernovas' Celebrate Special Victory at Gigg Lane

The team, proudly featuring several of our own Standish High School students and parent coach, Phil Jackson, enjoyed an unforgettable experience before the Easter break as they took to the pitch at Gigg Lane Football Stadium in Bury and marked the occasion in the best possible way with a fantastic victory.

Playing at an elite football ground was a huge moment for the team. From walking through the players' areas to stepping out onto the immaculate pitch, the girls experienced first-hand what it feels like to perform on a stage usually reserved for professional footballers. It was an opportunity that inspired confidence, determination and pride from the very first whistle.

The match itself was full of energy, teamwork and skill. The girls rose to the occasion, showing great composure and commitment throughout, securing a convincing 4-2 win over Bold Miners FC.

A standout moment came when Molly J found the back of the net with a well-taken goal, the result of excellent build-up play and determination in attack. Her celebration reflected just how much the moment meant - not only scoring for her team but doing so at such a prestigious venue.

At the other end of the pitch, Daisy R was in goal. She made several crucial saves, denying the opposition and keeping the team in front. There were also outstanding performances from Tilley D, Isabella D, Ava W, Maisy B, Savannah WA and Evie E.

Beyond the scoreline, this match was a true celebration of girls' sport. Opportunities like this highlight how far the game has come and how important it is to continue supporting and promoting girls' football. The pride, confidence and belief shown by the team will stay with them long after the final whistle.

A huge congratulations to the entire squad for representing the school so brilliantly and making memories that will last a lifetime. What a performance and what a venue to do it in! It was an absolute privilege to come and watch you play girls, well done!

Mrs Pilkington



Success for Our Rugby Union Stars in the Lancashire Plate Competition

We are delighted to celebrate the achievements of several of our talented rugby union players who recently represented their clubs in the Lancashire Plate competition.

Congratulations to Year 9 students Elisa O and Lois W, who played for LSH Rugby Union Club, and to Year 9 student Clarissa H alongside Year 10 students Elizabeth W, Isabelle McN, Lily P and Maisey M, who represented the Bolton Amazons.

All the girls enjoyed a fantastic day of rugby, showing great teamwork, determination and passion for the sport. A special well-done goes to the Bolton Amazons Under-16 team, who triumphed in a closely contested final against Trafford to win the Lancashire Plate. It was an exciting match from start to finish and the victory is a brilliant reward for their hard work and commitment.

We are incredibly proud of all the students involved. Their dedication to their clubs and their sport reflects the values we celebrate in our school community. Well done, girls - a brilliant achievement!



News from Fab Lab

This week Fab Lab took advantage of the good weather and got out into the school to look for insects. Using pooters, we collected a whole variety of insects, from spiders to caterpillars.

Fab Lab is every Monday 3.15 - 4pm. Years 7 - 9 welcome.



Natural forms lino Printing Workshop

Miss Wells-Earp is running a free lino print workshop at The Harris in Preston on Saturday 2nd May, 11am – 1pm and any interested students are invited to attend. It is a free event but tickets are required due to limited spaces. For more information and to book onto this free event, use the link

[Natural Forms Lino Printing Led by Harris Open Artist Grace - The Harris.](#)



News from ADT

Year 7 enjoy a magical adventure!

Forty excited Year 7 students recently took part in a fantastic two-day Art, Design & Technology enrichment trip packed with creativity, discovery and plenty of fun.

The first stop was Warner Bros. Studios – The Making of Harry Potter, where students attended an engaging “Creating Creatures” workshop. Using inspiration drawn from the original books and films, they stepped into the shoes of real Concept Artists. Working with ideas, images and descriptions from the Wizarding World, they designed their own imaginative monsters and magical creatures.

After the workshop, students embarked on the world-famous Studio Tour, exploring iconic sets, props, costumes, models and artwork featured throughout the Harry Potter films. Highlights included the Great Hall, Diagon Alley and the Forbidden Forest, along with many behind-the-scenes insights into how the magic was brought to life on screen.

The group then continued the fun with an evening at Hollywood Bowl, enjoying a lively game of bowling, time in the arcade and a relaxed meal together. After a busy first day, they settled into the Ibis Hotel for a comfortable overnight stay. A delicious breakfast the next morning ensured they were ready for the adventures ahead.

Day two took students to Cadbury World, where they explored the history of chocolate, learned about the Cadbury company, and of course sampled plenty of the products along the way! The interactive tour, demonstrations and hands-on experiences made for a truly memorable visit.

The trip was a wonderful opportunity for students to be creative, learn in new environments and enjoy time together outside the classroom. They conducted themselves wonderfully in all situations that they faced and were a credit to themselves and the school, so a big well done from all the teachers who went on the trip.

A magical and chocolate-filled adventure from start to finish!

Mr. Aitchison





Join us on our GCSE Exhibition evening. *A celebration of student work in...*

art, craft and design. photography. 3D design. textiles. graphics



SCHS
ADT/26

4PM - 6PM

THU 14/05/26

Celebrating Creative Excellence... #TheStandishWay

Stockport County FC - Year 10 Career Trip

A cohort of Year 10 students enjoyed a sunny morning in Stockport looking at careers in sports alternative to professional players and athletes. They experienced a stadium tour and historical story into Stockport, the area and the football club, and then attend a panel interview with five sections of the club - highlighting the variety of careers people don't often associate within football.

The areas were media and marketing, coaching and school liaison, hospitality, community engagement and grounds maintenance.

It was a really interesting trip to show the variety of careers within a sport sector that students are passionate about. It gave them all lots of potential career pathways to consider!

Thank you to Stockport County for hosting us and also the GM Careers Hub for providing the opportunity.





Jodrell Bank Photography Competition

A huge congratulations to all our amazing winners of the Jodrell Bank Photography Competition!

The standard of entries this year was truly outstanding, with so many creative and inspiring photos submitted. Every participant should feel proud of their work: it was no easy task to choose from such incredible entries. Special recognition goes to our three talented runners-up - Alfie, Harper and Lara, as well as our overall winner, Willow, whose photograph particularly impressed the judges.

Thank you to everyone who took part and made this competition such a success!

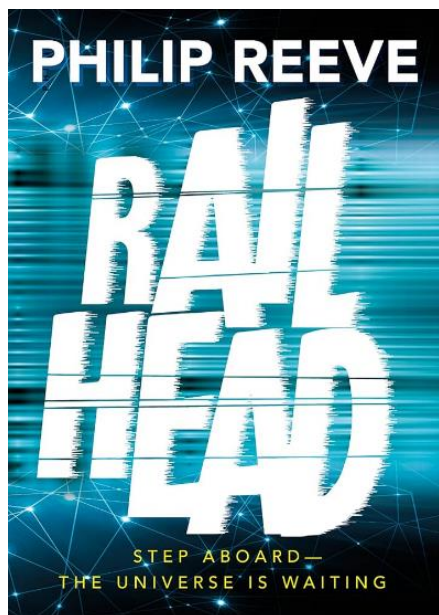




Library Lowdown

Fresh reads and library updates from our new Librarian Ms Bennett.

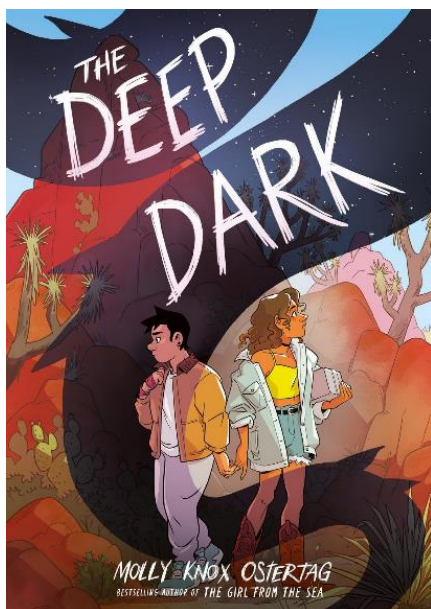
KS3 Recommended Read



Zen Starling is a petty thief, hopping on and off the sentient trains that speed across the galaxy, hoping he won't get caught by a drone or one of the Guardians. When he is approached by the mysterious Raven to infiltrate the Emperor's train, he jumps at the chance of adventure, crossing the Great Network and dodging danger at every turn. But, in his thirst for excitement, does Zen really understand what he's getting into?

This is a brilliant and exhilarating read which rattles along like one of its speeding trains - fast paced and exciting. It has a kind of retro, old fashioned and strangely exotic feel to its futuristic sci-fi theme. A definite must-read for anyone who loves a good adventure!

KS4 Recommended Read



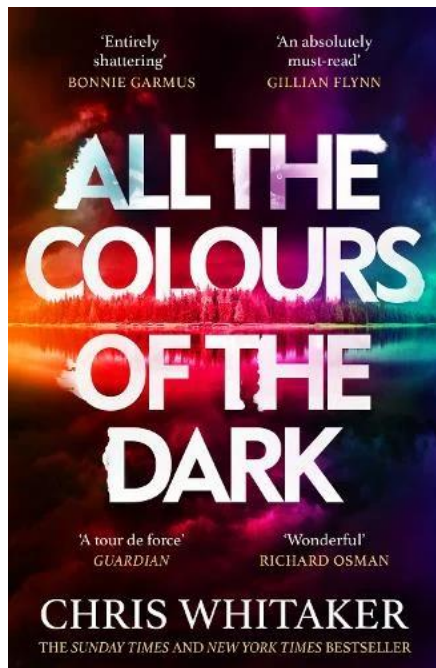
Magdalena Herrera is about to graduate high school, but she already feels like an adult with serious responsibilities: caring for her ailing grandmother; working a part-time job; clandestine makeouts with a girl who has a boyfriend. And then there's her secret, which pulls her into the basement each night, drains her of energy, and leaves her bleeding. A secret that could hurt and even kill if it ever got out - like it did once before.

So Mags keeps her head down, isolated in her small desert community. That is, until her childhood friend Nessa comes back to town. Mags won't get attached, of course. She's always been strong enough to survive without anyone's help.

But when the darkness starts to close in on them both, Mags will have to drag her secret into the daylight and choose between risking everything... or having nothing left to lose.

Staff Recommendation for Adults

Whether you love reading or need motivation to get back into reading, staff at Standish have been sending in book recommendations - especially for the parents and carers of our students!



“A missing person mystery, a serial killer thriller and an epic love story that spans decades – with a unique twist on each.”

C Warren (English department)

Perfect for readers who like...

- serial killer thrillers,
- coming-of-age stories,
- friendship and unshakable connections,
- Hope vs. darkness!



This month in the library: **Mindfulness May**

With exams starting and the final term of the year approaching, why not pop into the library to wind down and relax?

Visit the library this May and...

- make suggestions of great places in the area to go for a walk and connect with nature,
- vote on your favourite mindfulness activities,
- make a book recommendation for a funny/uplifting book,
- have a chat with your new librarian, Ms Bennett. I can't wait to meet you all!



News from PE

Sports Leadership

Becoming a Sports Leader and joining the Sports Leader Academy is an excellent opportunity to develop confidence, leadership and teamwork skills while making a positive impact on school sport. Sports Leaders support the delivery of events, activities, and teams, acting as role models and ambassadors for participation and fair play. In return, students gain valuable experience, recognised leadership skills and opportunities to progress into further roles within sport. Sports Leaders are expected to show commitment, reliability and a positive attitude at all times. To be considered, students must complete an expression of interest form by 1st May 2026. Please note that some roles will require additional training and a commitment to lunchtime and after-school sessions. Any further questions speak to your PE teacher.

[Sports Leadership academy 2026 express of interest form – Fill in form](#)



WOMEN'S FOOTBALL AND EDUCATION PROGRAMME



**Do you have a passion for football?
And are you interested in studying at Wigan Athletic Community Trust?
Join our Women's Level 3 BTEC in Sports Coaching Programme**

What do I need to apply?
• Passion for football
• Experience of playing competitive football
• Grade 4 or above in 4 GCSE's

How long are the courses?
Level 3 BTEC Nationals in Sports Coaching -
2 years study time

Where will the programme run?
The programme will run from the state of the art
new facility at Edge Hall Road.

**Studying with Wigan Athletic Community Trust has
several benefits including:**
• 1st for Sport, FA and UEFA Accredited Qualifications
• Work Placements
• Functional Maths and English skills
• Weekly bursaries (if applicable)
• Potential pathways to represent
Wigan Athletic Women
• Free Wigan Athletic kit
• UEFA Licensed coaches
• And many more...

Scan to register
your interest



**For more information call 01942 318090
or email e.schickhoff@wiganathletic.com**

wiganathletic.com/community-trust @LaticsCommunity





FOOTBALL AND EDUCATION PROGRAMME



Do you have a passion for football?
Are you interested in studying at Wigan Athletic Community Trust?
Join our Level 2 or Level 3 BTEC in Sports Coaching Programme

What do I need to apply?

Level 3:

- Grade 4 or above in 4 GCSE's
- Grade 4 or above in GCSE Maths and English

Level 2:

- Minimum 2 GCSE's
- Learners will resit GCSE Maths and English

How long are the courses?

- Level 3 BTEC Nationals in Sports Coaching - 2 years study time
- Level 2 Diploma in Sport – 1 year study time

Studying with Wigan Athletic Community Trust has several benefits including:

- 1st for Sport, FA and UEFA Accredited Qualifications
- Work Placements
- GCSE Maths and English
- Weekly bursaries (if applicable)
- Represent Wigan Athletic in the CEFA League
- Wigan Athletic kit
- UEFA Licensed coaches
- And many more...

**For more information call 01942 318090
or email p.corrigan@wiganathletic.com**

 @LaticsCommunity



Scan to
register
your interest



<https://wiganathletic.com/wigan-athletic-community-trust/our-work/training-and-skills/football-and-education/>



ASHTON BEARS ARLFC Inclusive Training Group (Additional Needs)

Expressions of Interest Now Open

Ashton Bears ARLFC is proud to be developing an inclusive tag rugby league training group aimed at children who would benefit from a supportive, structured and positive team environment.


Our goal is to provide enjoyable, confidence-building rugby league sessions delivered by qualified coaches, in a setting that is safe and comfortable for all participants of school years 7-11.

 **Start Date: Monday 27th April at 5:00pm**

Who this group is suitable for

- ✓ Take part in training sessions independently, without the need for 1-to-1 parental or carer supervision
- ✓ Understand and follow simple coaching instructions
- ✓ Communicating with coaches during sessions, including responding to questions and feedback.

Our coaches will provide clear structure, routine and encouragement throughout each session. However, at this stage, we are not able to offer individual or continuous one-to-one support during training.

 **Contact: Siobhan – 07909330098**

News from Futures Team

The Army Careers Centre in Bolton would like to invite you and your students to their Army Recruitment Day. This will be of particular interest to anyone thinking about a career in The British Army.

Date: Saturday 23rd May 2026

Time: 10:00 – 13:00

Location: Army Reserve Centre, Canal Street, Wigan, WN6 7NQ

Students must be Year 9 and older with at least one parent or carer with them.

There will be 15 minutes briefings about the Army at 10:00, 11:00 and 12:00. Please book in to secure your place.

Interested students **must** book their places through the Army Careers Centre by either phone or email for health and safety reasons.

If there are any questions, please do not hesitate to contact the Army Careers Centre.

Seonid Blythe

Lead Recruiter

Army Career Centre, 20 Great Moor Street, Bolton, BL1 1NP

Office: 01204 364 111

Mobile: 07547 587 020

seonid.blythe104@mod.gov.uk



FRIENDSHIP

QUALIFICATIONS

Army Recruitment Day

Army Career Centre Bolton would like to invite you to an Army Recruitment Day and a look at life of a soldier. This is an excellent opportunity for you to meet serving soldiers and ask or discuss any questions you might have plus more!

Date: Saturday 23rd May

Location: Army Reserve Centre, Canal St, Wigan WN6 7NQ

Time: 10:00, 11:00 or 12:00 – book your time slot with the Team

Contact to Book: 01204 364 111 or rg-accboltongroupmail@mod.gov.uk

There's a 15-minute presentation each hour about basic training and the following Corps will be attending, bringing various pieces of kit and equipment for you to look at, and try out while answering any of your questions.

Royal Artillery

Royal Electrical and Mechanical Engineers

Royal Logistics Corps

Infantry

Outreach Team Preston

PAY & PENSION



TRAVEL



This is a great opportunity to see, handle and get information about the kit and equipment you will be using during basic training. Also speak to instructors and Army staff about the subjects you will be taught. Additionally, you can speak face to face with your recruiter and receive a full application update. Your first step into a life changing and challenging career!

Free parking is available inside the Reserve centre.

See you there!



JONES

DENTAL PRACTICE

Please see the message below from Suzanne Heselwood, Practice Manager at Jones dental practice, Chorley.

I am contacting you from Jones Dental Practice in Chorley to advise we are still offering NHS dental registration to new under 16 patients; this means increased access to dental care for children.

I would be grateful if you could please inform all your parents/carers of this availability and ask them to email pm@jonesdentalpractice.co.uk and we will be happy to arrange an appointment for their children.

Many thanks,

Suzanne Heselwood

Practice Manager

Jones Dental Practice

Email: pm@jonesdentalpractice.co.uk

Phone: 01257 260022

Parent/carer Updates

Please can we ask that your child **does not** bring into school:

Nuts of any type – Lupin – Kiwi – Shellfish

This is due to a number of staff and students having very serious allergy issues. Also please do not allow your child to bring any nuts into school as a snack or part of a packed lunch. Thank you for your support with this.



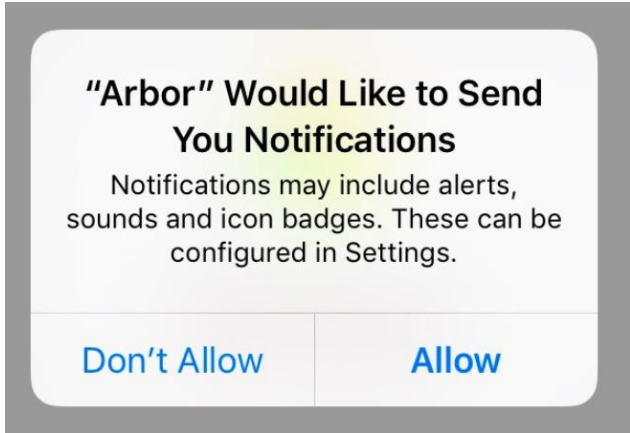
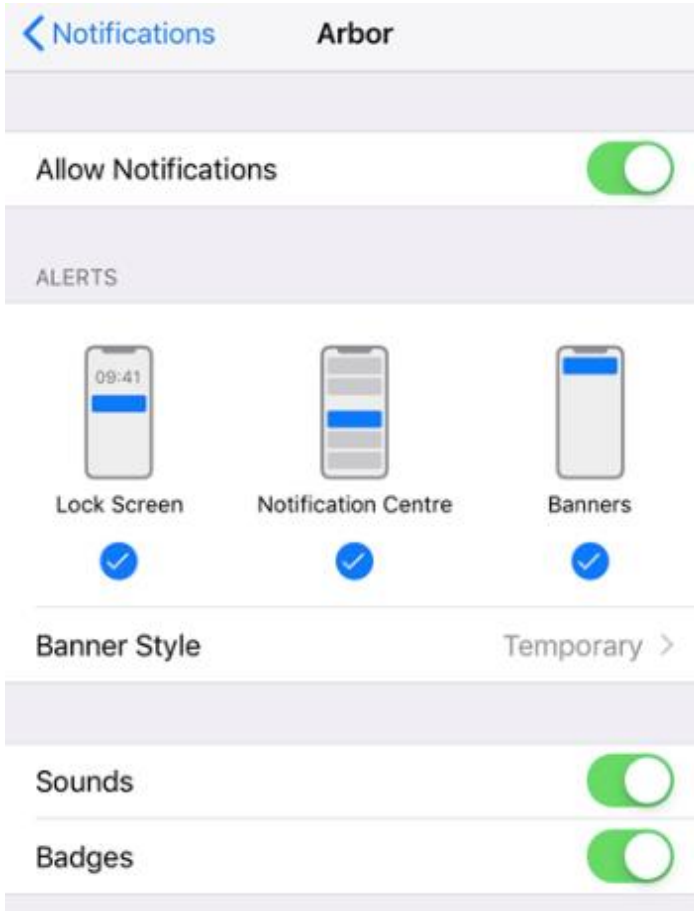
Arbor Updates

Polite reminder to parent/carers to ensure that you enable Arbor notifications. If you have the application installed on your phone, all crucial school notices will appear directly through the Arbor app.

If you do stop receiving messages, you can complete the following steps to enable them again:

1. Close the Parent App (make sure that it's not running at the background - see [this video](#) on how to do this).
2. Go to your settings and switch OFF push notifications for the Parent App.
3. Restart your phone.
4. Go to the settings and switch ON push notification for the Parent App.
5. Restart your phone again.
6. You should then be able to receive push notifications again.

If after all the steps above have been completed and push notifications are still not appearing, uninstall the Parent App from the device and install it again. When installing the second time, make sure that you agree to receive push notifications from the app.



Arbor



Internet Matters Guidance for Parents/Carers

The internet matters website is a great resource for parents/carers who want step-by-step guidance about how to monitor their child's usage. It helps set up family sharing and set restrictions and downtime. For more details, see the website below. A handy guide has been sent to all parents/carers.

<https://www.internetmatters.org/parental-controls/smartphones-and-other-devices/apples-family-sharing/>

Please be respectful of our neighbours and community

Unfortunately, we have had a number of concerns raised by our neighbours and members of our school community regarding the movement of cars close to the school site during school drop off and pick up. Can we please ask that you park respectfully when waiting for your child and you do not block pavements and driveways? Due to the congestion at certain times, please be mindful of your speed. We do not wish for any of our school community to be involved in a traffic accident. Many thanks for your support and consideration.



If you want more regular updates about what's going on at Standish, why not follow our new Instagram account? Our handle is @standish__chs and the link is: https://www.instagram.com/standish__chs/ If you're more of a QR Code type of person, we've got one of those too!

TRAVELSAFE
Live
Chat
24/7

You're never
alone with
TravelSafe
LiveChat 24/7



TRAVELSAFE



GREATER MANCHESTER
POLICE



Domestic Abuse Support for Children & Young People

One to One Support or Small Group Sessions Available in Schools

What we offer

Our Domestic Abuse Support Worker provides a safe, confidential space for children and young people affected by domestic abuse to:

- Talk about their experiences and feelings
- Build confidence and self-esteem
- Develop coping strategies
- Learn about healthy relationships and safety
- Access to further help and support where needed

How it works

- Support sessions take place in school, during the day
- Referrals can be made by school staff, safeguarding leads, or pastoral teams
- Parental consent is required
- The service works alongside existing school safeguarding procedures

Who can be referred

- Has witnessed or experienced domestic abuse
- Is affected by conflict or controlling behaviour at home
- Need emotional support to understand and cope with what's happening
- Engaging in an unhealthy relationship

Together, we can help children feel safe, heard, and supported. Early support makes a lasting difference.

CYPsupport@diasdvc.org 01942 311365

10 Top Tips for Parents and Educators

MANAGING EXAM STRESS

At some point in their education, most young people will encounter exam stress, which can affect their mental, emotional, and physical wellbeing. Mental health charity YoungMinds estimates that 87% of pupils experience exam-related stress. This highlights the importance of supporting young people to manage exam pressure effectively, maintain perspective, and protect their overall wellbeing during these periods.

1 PRACTISE WORKLOAD WISDOM

The build-up to exams can feel overwhelming, with competing demands on time and energy. Encourage young people to reflect on whether their workload is realistic and allows them time to rest and recharge. Support them in creating a manageable revision timetable that includes regular breaks and occasional days off. Remind them that plans can be adjusted if they feel overwhelmed, helping to reduce the pressure and prevent burnout.

2 CLEAR UP THE CLUTTER

A cluttered workspace can reduce focus and increase stress levels. Encourage young people to keep their study area tidy and organised, with clearly arranged notes and materials. A calm, dedicated space can support concentration and create a more relaxed mindset. Adding colour, mind maps, or creative elements can also make revision feel less daunting and more manageable.

3 MASTER THE MATERIALS

Revision can feel particularly stressful if young people are unsure where to begin. Help them confirm key study topics and materials, ensuring they're using accurate and relevant resources. Reducing uncertainty can help them feel more in control of their learning. Reassure them that they don't need to know everything perfectly, as building their understanding over time is what matters most.

4 GET CREATIVE WITH NOTES

Writing out detailed notes, rather than relying only on bullet points, can strengthen their understanding and retention. Encourage young people to turn these notes into flashcards for regular review and repetition. Feeling familiar with their material can boost their confidence and reduce anxiety during exams. This approach can help them feel more prepared and less likely to panic under pressure.

5 USE VISUAL MEMORY AIDS

Visual resources can make learning more effective and reduce their frustration when information feels difficult to grasp. Encourage the use of diagrams, videos, sticky notes, and colour coding to reinforce key ideas. Creating simple mnemonics can also make information easier to remember. Using a variety of methods can help prevent mental fatigue and keep revision feeling fresh and manageable.

6 BUILD A TECH TOOLKIT

Technology can be a valuable supporting tool during exam preparation when used in a balanced way. Educational websites, revision platforms, and subject-specific videos can help explain complicated topics clearly, reducing the risk of confusion or stress. Encourage young people to use these tools to support – rather than overwhelm – their learning, and to take regular breaks from their screens to protect their wellbeing.

7 KEEP REVISION ENJOYABLE

Revision is often more effective when it feels engaging and varied. Encourage young people to incorporate humour, real-life examples, or creative approaches into their learning. Mixing study methods, including light physical activity such as short walks, can also improve their mood and focus. Enjoyable revision experiences can help reduce stress and make the process feel more positive and sustainable.

8 USE ACTIVE STUDY METHODS

Active revision techniques can help young people feel more confident and in control of their learning. Strategies such as spaced repetition and active recall, including self-testing or explaining concepts aloud, can highlight both their strengths and areas for improvement. This clarity can reduce last-minute panic and support a calmer, more prepared approach to exams.

9 USE AI THOUGHTFULLY

AI tools can support revision by making learning more personalised and manageable. Young people can use them to generate practice questions, summarise information, or break down topics into simpler steps. Used carefully, these tools can reduce overwhelm and save time. Remind young people to check AI information with trusted sources to ensure its accuracy and build confidence in their understanding.

10 PRACTISE WITH ONLINE TOOLS

Online revision platforms can help young people test their knowledge and track their progress. Many offer quizzes, flashcards, and practice papers aligned with exam boards. Encourage regular self-testing – including timed activities – to build up familiarity with exam conditions. Becoming more comfortable with the format of exams can reduce anxiety and help young people approach them with greater confidence.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of Social Enterprise UK's 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.



See full reference list on our website

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 29.04.2026

What Parents & Educators Need to Know about ONLINE TRENDS ENCOURAGING VIOLENCE

7 out of 10 teens report seeing violent content on social media, with over half of that content featuring fights involving young people. Most don't 'seek' it but are shown it through social media feeds or messaging groups. 91% of young people involved in violence have seen violent social media content. Viral trends, challenges, or 'wars' that are spread online risk encouraging violence offline, while real-world incidents may also be recorded and promoted online.

WHAT ARE THE RISKS?

ALGORITHMIC EXPOSURE

Social media platforms are designed to keep users engaged, meaning dramatic or extreme content can spread widely and quickly. Algorithms often recommend content that reflects users' past interactions. As a result, young people may see more violent material if they have viewed, commented on, or shared it before. Repeated exposure can make violent content appear frequently in their feeds without them fully understanding why.

WEAPONS AND CRIMINAL RISK

Teens exposed to high levels of real-world violence on social media sometimes report feeling an increased need to carry a weapon for 'self-protection'; however, carrying a weapon increases the risk of victimisation (harm and injury by others) for young people. In addition, carrying a weapon is a serious offence that can lead to police arrest and a criminal record.

SHARING VIOLENT CONTENT

Encouraging or assisting an offence is a crime in the UK, including via social media, and can lead to arrest. This means sharing, forwarding, or reposting violent content carries a risk for young people too. Showing examples of content to a trusted adult is appropriate, but young people should take care not to further spread violent material by posting it online or sharing it within large messaging groups.

FEAR, ANXIETY, AND MARGINALISATION

Research shows young people's emotional wellbeing can be negatively impacted by repeated exposure to violent online content, especially when it depicts 'real-world' violence (as opposed to fictional depictions in games or films). Posts featuring weapons, threats, attacks, and fights – or content that appears to glamorise gang activity – can increase feelings of anxiety or fear among young people. Material that encourages violence targeting people because of their identity, such as their nationality or religion, can also create disproportionate harm for children belonging to those groups.

AVOIDANCE AND ISOLATION

Real-world violence on social media can increase young people's belief that their local communities – or the 'outside world' more generally – are unsafe places. This can result in avoidant and isolating behaviours, which may negatively affect their wellbeing. As well as feeling fearful of others, teens also report feeling judged for spending time together in large groups, which may affect their social interactions and leisure time.

Advice for Parents & Educators

STAY INFORMED

Stay alert for updates from police, schools, or local authorities, and follow the advice provided. Be cautious about unofficial accounts, fake content, and misinformation, which can spread quickly online or in chat groups. Ensure you get accurate information from trusted sources and encourage young people to do the same. Remind them never to share violent content online and to speak to a trusted adult instead.

DISCUSS SOCIAL MEDIA

Encourage young people to talk about the content they see online and the effect it can have. This can be an opportunity to discuss topics such as misinformation, AI-generated material, the attention economy, and algorithms, helping them understand how and why extreme content can spread online. Explore tools available to block, report, and remove harmful content, and signpost where to get support and advice, such as reportharmfulcontent.com.

TALK CRIME AND SAFETY

In most of the UK, the age of criminal responsibility is 10 (12 in Scotland). This means there can be serious criminal consequences for carrying a weapon, taking part in violence, or filming or sharing violent content. Discuss the law with young people alongside practical safety strategies. Ask questions such as: "What could you do if you feel unsafe?" Work together on action plans and remind them they can contact a trusted adult or the police if they witness or experience violence.

ENCOURAGE POSITIVE ACTION

Focus on strengthening young people's positive experiences both online and within their local communities. Discuss strategies to reduce negative social media effects, such as time limits, unfollowing certain accounts, or taking breaks from apps. Encourage offline activities such as spending time with friends, visiting local places, and taking part in hobbies that bring them joy, purpose, and connection. Remind them they can seek support with any concerns at any time via childline.org.uk.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in media law, online safety, and young people. Her PhD investigates youth understandings of criminal and legal risks in a digital context. She works in schools to provide award-winning education on the criminal, legal, and ethical considerations of rapidly advancing technologies.



See full reference list on our website



Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.03.2026



MOSAIC
LEARNING TRUST
Raising Aspirations,
Empowering Futures



Standish Community
High School

WE ARE RECRUITING

Early Careers Teacher of English

Standish Community High is advertising for a permanent Early Careers Teacher of English to commence employment from 1st September 2026. We are looking to appoint enthusiastic, self-motivated, and highly organised individual to contribute to the outstanding support, care, and guidance that the school offers its students. Applications are sought from individuals with energy, commitment, and a determination to succeed. This post is open to Early Careers Teachers who are new to the profession and are in their first or second year of their induction.

Further details regarding the post are included in the 'Candidate Pack' attached.

We encourage applicants to apply through [Teacher Vacancies](#) and [MyNewTerm](#) or by filling in the school's application form found on the [School Website](#). Completed application forms can be forwarded by email to: recruitment@standishchs.wigan.sch.uk

The closing date for applications is **Thursday 14th May 2026 at 9.00.am.**



MOSAIC
LEARNING TRUST
Raising Aspirations,
Empowering Futures



Standish Community
High School

WE ARE RECRUITING

Teacher of Performing Arts (Maternity Cover)

Standish Community High School are advertising for a temporary Teacher of Performing Arts to commence employment on the 15th June 2026. We are looking to appoint an innovative and enthusiastic Teacher of Performance with exceptional subject knowledge to join our thriving Performance department at Standish Community High School. The successful candidate will teach KS3 Performance which incorporates Music and Drama, and at KS4 there will be teaching of GCSE Drama and Dance. Applications are sought from people with energy, commitment and a determination to succeed.

Further details regarding the post are included in the 'Candidate Pack' attached.

We encourage applicants to apply through [Teacher Vacancies](#) and [MyNewTerm](#) or by filling in the school's application form found on the [School Website](#). Completed application forms can be forwarded by email to: recruitment@standishchs.wigan.sch.uk

The closing date for applications is **Monday 11th May 2026 at 9.00.am.**



Standish Community High School

Uniform Plea



Can you please donate any school uniform that your child has grown out of as we are particularly short of blue jumpers, white shirts, skirts and trousers. We need spare uniform to help our young people start the day well and to sort any issues quickly that occur during the day. We do not need any Year 11 jumpers at this moment in time. Please ask your child to bring any donated uniform to student reception. Items can also be left at our main reception.

Many thanks!


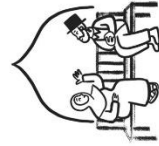





Meaningful May

Let's find ways to be part of something bigger.

Meaningful May 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				<p>1 Do something kind for someone you really care about</p>	<p>2 Focus on what you can do rather than what you can't do</p>	<p>3 Take a step towards an important goal, however small</p>
<p>4 Send your friend a photo from a time you enjoyed together</p>	<p>5 Let someone know how much they mean to you and why</p>	<p>6 Look for people doing good and reasons to be cheerful</p>	<p>7 Make a list of what matters most to you and why</p>	<p>8 Set yourself a kindness mission to help others today</p>	<p>9 What values are important to you? Find ways to use them today</p>	<p>10 Be grateful for the little things, even in difficult times</p>
<p>11 Look around for things that bring you a sense of awe and wonder</p>	<p>12 Listen to a favourite piece of music and remember what it means to you</p>	<p>13 Find out about the values or traditions of another culture</p>	<p>14 Get outside and notice the beauty in nature</p>	<p>15 Do something to contribute to your local community</p>	<p>16 Show your gratitude to people who are helping to make things better</p>	<p>17 Find a way to make what you do today meaningful</p>
<p>18 Send a hand-written note to someone you care about</p>	<p>19 Reflect on what makes you feel valued and purposeful</p>	<p>20 Share photos of 3 things you find meaningful or memorable</p>	<p>21 Look up at the sky. Remember we are all part of something bigger</p>	<p>22 Find a way to help a project or charity you care about</p>	<p>23 Recall three things you've done that you are proud of</p>	<p>24 Make choices that have a positive impact for others today</p>
<p>25 Ask someone else what matters most to them and why</p>	<p>26 Remember an event in your life that was really meaningful</p>	<p>27 Focus on how your actions make a difference for others</p>	<p>28 Do something special and revisit it in your memory tonight</p>	<p>29 Today do something to care for the natural world</p>	<p>30 Share a quote you find inspiring to give others a boost</p>	<p>31 Find three reasons to be hopeful about the future</p>



Happier · Kinder · Together

ACTION FOR HAPPINESS

Help and Support

Crisis Mental Health Support: Wigan 0-25yrs

Our crisis lines are free phone numbers and are available in Wigan and are for patients and the public of all ages (children, young people and adults) to call when they are experiencing a mental health crisis or are worried about someone else who may be in crisis. We recognise that professionals including GPs, police, paramedics and others may have someone they're supporting in their professional capacity that may be in crisis and needs urgent mental health support.

For young people 18-25yrs please contact Mental Health Crisis line: 0800 051 3253 open 24/7 (all age after 5pm)

[Mental Health Urgent Response Team | Greater Manchester Mental Health NHS FT \(gmmh.nhs.uk\)](https://www.gmmh.nhs.uk)

For children and young people (up to the age of 18), please contact:

Wigan CAMHS Team on 01942 775400 open 9-5pm please call 0800 051 3253 after 5pm.

Support for Children & Young People

Young Minds

Charity that offers information about mental health and emotional wellbeing. [YoungMinds | Mental Health Charity For Children And Young People | YoungMinds](https://www.youngminds.org.uk)

ADHD Foundation – children support online <https://www.adhdfoundation.org.uk/childrens/>

Beat (national eating disorder charity) www.b-eat.co.uk Contact: 0345 634 1414

Support for Parents / Carers

Papyrus supporting your child with self-harm and suicidal thoughts

[PAPYRUS Launch New Guide For Parents | Papyrus UK | Suicide Prevention Charity \(papyrus-uk.org\)](https://www.papyrus-uk.org)

Young Minds Call the Parents Helpline: 0808 802 5544 (Monday to Friday 9.30am – 4pm, free for mobiles and landlines) <https://youngminds.org.uk>**ADHD Foundation support for parents** - <https://www.adhdfoundation.org.uk/parents/>**Family Meditation training and workshops** – www.talkfirst.org



kooth

For ages: **10-18**

Kooth is an online **mental wellbeing** community for young people

Here are some of the features young people can access on Kooth:

- Magazine**
The Kooth magazine shares personal experiences and tips from young people and our Kooth team
- Discussion Boards**
Young people can start or join a conversation with our friendly Kooth community, with lots of topics to choose from
- Chat**
Young people can chat with our helpful team about anything that's on their mind
- Daily Journal**
Young people can view their daily journal to track feelings or emotions and reflect on how they're doing

Sign up for free at **Kooth.com**

The advertisement features a colorful illustration of a diverse group of young people standing together. One person is using a wheelchair, and another is using a cane. The background is a mix of yellow, pink, and blue.

EDITORS

Michelle Collier
Paul Blakemore

STUDENT JOURNALIST

Skylar Downey
Tia Bramwell
Violet Bradley

SPORTS REPORTERS

Ellie Duffy
William Duffy

Kenyon Road, Standish, Wigan WN6 0NX
Telephone: +44 (0) 1257 422265
Facsimile: +44 (0) 1257 425858
Email: enquiries@standishchs.wigan.sch.uk
www.standishchs.wigan.sch.uk
CEO: Mr N Moore BA (Hons) NPQH NPQEL
Headteacher: Mrs L Barker BA (Hons)



MOSAIC
LEARNING TRUST
Raising Aspirations,
Empowering Futures



Standish Community
High School

Stonewall
**SCHOOL
CHAMPION**