MOSAIC LEARNING TRUST
Raising Aspirations, Empowering Futures

SEX & RELATIONSHIPS POLICY

Reviewed by:	Local Governing Body
Policy owner:	Wellbeing Lead Practitioner & Head of RE & PDP
Date adopted:	November 2017
Last reviewed:	September 2026
Next review due:	September 2027
Displayed:	School Website

Document History

Date reviewed:	Comments:
April 2025	Brand update.
November 2025	No changes, this policy will be reviewed in the summer term in line with academic 2026/27 changes.
June 2026	Minor updates to points of contact, Updated to meet new Sex and Relationships guidance (September 2026) Topics in table (pg 2) updated to reflect new guidance.

Sex Education at Standish Community High School will be delivered in accordance with the Sex and Relationships guidance (September 2025) and also in reference to school code of conduct and Equal opportunities policy.

Standish Community High School provides an environment in which our students are offered age-appropriate teaching about sex and relationships education (SRE). The purpose of SRE is to assist young people to prepare for adult life by supporting them through their physical, emotional and moral development, and helping them to understand themselves, respect others and form and sustain healthy relationships.

Aspects of the SRE lessons form part of the National Curriculum in other subjects within school such as Science and Religious Education and are statutory topics to be taught in all secondary schools. Other statutory topics are taught within Personal Development Programme (PDP) central to the SRE programme is the growth of self-esteem and taking responsibility for oneself and one's actions. The development of students' self-esteem is essential to an effective health and sexual relationships education programme. SRE lessons at Standish Community High School meets the needs of all students regardless of background, gender, disability, religion or sexual orientation and students are made aware that they can express their thoughts and opinions in a safe environment. If young people feel positive and good about themselves, they are more likely to take care of themselves, think positively of other people, and therefore, develop non-exploitative, caring relationships. They are also less likely to be exploited by others.

It is the responsibility of Mrs C Jones to lead on the SRE curriculum with support from Lead Practioner, Mrs Nicholson and Senior Deputy Headteacher, Mr Peters. Mrs Jones has created a scheme of work that includes all statutory parts of the new guidelines and shared this with senior members of school. Mrs Jones along with SLT links will support the delivery of SRE for form tutors and outside speakers.

Students have the opportunity to learn and develop a coherent understanding of how to keep themselves and others safe and sexual relationships through the expertise of outside speakers. Currently Locala are working with the school to offer up to date and informative sessions for students and allow them to ask questions they may not feel comfortable asking members of staff. Staff are able to observe these lessons to build their own confidence and bank of knowledge of SRE. These lessons are monitored to ensure they are in line with school policy and practice. Students and staff are also asked for their feedback to evaluate the sessions.

SRE lessons will take place during the 1-hour timetabled sessions of PDP. Many of the units will last for between 2-3 weeks for each year group covering content that prepares students for adult life. Students will be made aware before these sessions take place so they are able to discuss any issues they may have beforehand. Parents are informed at the start of the academic year what their child will be studying in regard to the SRE lessons for that particular year group and they may contact the PDP lead should they have any issues.

Year Group	Topics covered (age appropriate)	Delivered by
7	• Law relating to sex and consent • Readiness for sexual intimacy	Sessions delivered by form tutors with the guidance of C Jones
8	• How to have safe-sex and use contraception • Impact of sex- physical health and wellbeing • Relationships and sex in the media • FGM	Sessions delivered by form tutors with the guidance of C Jones.

9	• Understanding STI'S and the risks associated with unprotected sex • Pornography • Pornography & Misogyny- sex expectation	All aspects covered by Locala (outside specialists from Wigan council)
10	• My sexual health- making sex enjoyable • Portrayal of sex within pornography • Laws surrounding pornography and AI	Covered by Locala (outside specialists from Wigan council)
11	• How to be critical of sex information. • The importance of mutual pleasure in a relationship	Covered by Locala (outside specialists from Wigan council)

Students will be taught the above topics using a variety of teachings methodologies. All lessons are age appropriate and delivered with the student's welfare in mind. They will be able to access appropriate video clips and resources that are endorsed by the PSHE Association and following new DfE guidance. Mrs Jones attends Network meetings where the sharing of good practice is prominent, and resources are monitored and checked for their suitability. All resources used reflect our school values including those of students feeling included and valued regardless of background or ability. Students are monitored through assessment grids and self-evaluation looking at key assessment focuses and what they can and can't do.

Sex and relationships education is always taught with due regard to moral and legal considerations and with the explicit values of family life and supportive relationships. Among the values promoted are:

- Respect for oneself and other people.
- Taking responsibility for one's actions in all situations.
- Honesty and loyalty in relationships.
- The importance and responsibilities of the family unit for all members.
- Sensitivity towards the needs and views of others.
- To recognise the physical, emotional and moral implications, and risks, of certain types of behaviour.
- To recognise and accept the differences of others.

Parents may withdraw their child from all or part of the SRE provided at school except for those parts included in the Science National Curriculum.

Programmes of study are available from Mrs C Jones. Please contact Mrs Barker if you require further details.

Signed by: _____ Headteacher

Signed by: S. Dell _____ Chair of Governors